



*Achievement through
Active Learning*

MUSIC THERAPY

Glenallen School



Glenallen School provides for students with physical disabilities and/or health impairments. Its therapy rich environment enhances learning and independence in all aspects of the school curriculum as well as promoting student health and wellbeing.

The students participate in a curriculum that is individually designed for student needs and learning styles. There is an emphasis on active learning and participation throughout the school.

Teams of Teachers, Physiotherapists, Occupational Therapists, Speech Pathologists, a Music Therapist and Teacher Assistants work together in a transdisciplinary manner to support students in their learning. Therapy is integrated with the students educational /learning program as well as functional activities throughout the day.

The medical and personal care needs of the students are catered for by a registered nurse and a team of trained staff. A Psychologist and a Social Worker are also available to support students and their families.

Music therapy is a professional discipline that uses music to address a range of emotional, physical, social and cognitive needs.

The goals of music therapy differ for each individual student, but can include using music to:

- increase opportunities for cognitive, physical and sensory stimulation.
- develop motor skills, orientation and mobility.
- promote communication and social skills.
- develop appropriate emotional expression.
- enhance self-confidence.
- increase awareness of one's immediate environment and of others.

The techniques used to meet these goals can include:

- Song writing.
- Movement to music.
- Singing and vocal Activities.
- Improvisation.
- Instrumental playing.
- Music listening.
- Educational/instructional Songs.



Glenallen has a full time qualified Music Therapist (RMT) who is registered with the Australian Music Therapy Association.

The Music Therapist works across all areas of the school in both group and individual sessions, and collaborates with other therapy and teaching staff to provide a consistent and holistic approach to active learning in special education.

THERAPY SERVICES AT GLENALLEN SCHOOL

*Achievement
Through Active
Learning.*

Glenallen School

7 Allen Street
Glen Waverley Vic 3150
Phone (03) 9561 1966
Fax (03) 9561 6915

Email : glenallen.sch@edumail.vic.gov.au
Website : www.glenallen-sch.vic.edu.au

SPEECH PATHOLOGY

The Speech Pathology Department at Glenallen School has the expertise to provide for students with complex communication needs.

Our Speech Pathologists are skilled in the areas of language, speech, voice, fluency, articulation, swallowing and augmentative and alternative communication (AAC).

The Speech Pathologists support students to access and explore the curriculum. They are specialised in developing and using symbol systems, voice output devices, signing and informal communication strategies.

Our Speech Pathologists are accomplished in assessing students' eating, drinking and saliva control skills and developing mealtime intervention protocols.

The social and interactive nature of communication has a strong focus and is incorporated into all aspects of the students day.



PHYSIOTHERAPY

The physiotherapy department at Glenallen School is responsible for helping our students to improve and maintain their gross motor function, physical fitness and general health and well being. Students at Glenallen School have different levels of gross motor function, therefore our physiotherapists provide a wide range of programs and services tailored to meet the individual needs of each student. For example:



Our physiotherapists work closely with all staff in the school to create opportunities for students to use their motor skills in functional situations across the day eg walk from bus bay to the classroom. We also assess and support students to obtain necessary equipment eg wheelchairs, standing frames and walking frames. Another important area of our work is to liaise with hospitals regarding a student's management and rehabilitation after orthopaedic surgery.

OCCUPATIONAL THERAPY

The role of an occupational therapist at Glenallen is to maximize each student's ability to actively access the curriculum.

Glenallen occupational therapists are involved in facilitating students to develop their skills in a wide range of school activities which include:

- Specialised assistive technology.
- Development of hand skills – this includes upper limb and fine motor skills.
- Maximising independence in self care activities, domestic and community based activities of daily living.
- Play and social skill development.
- Sensory programs.
- Work skills.

Occupational therapists are also responsible for:

- Assessment and provision of adapted equipment.
- Splinting of the upper limbs to improve function and prevent contractures.
- Home visits – supporting families with the provision of specialised equipment for home use including bathroom modifications and ramps.



Individual and group therapy programs.